

## May 2026

### ALL EVENTS IN PERSON AND ONLINE

Unless Otherwise Noted

Visit vedanta.org for internet links

### HOLLYWOOD TEMPLE

#### SUNDAY SPIRITUAL TALKS 11 AM

- 3 Open Your Eyes and See Him  
Pravrajika Sevaprana
- 10 Buddha and Shankara  
Swami Sarvadevananda
- 17 Surviving a Playful Lila  
Swami Chidbrahmananda
- 24 Karma & Grace: She Takes the  
Fruits  
Swami Mahayogananda
- 31 The Yearning to Express Ourselves  
Swami Dhyanyogananda

#### Classes

Tuesdays 4:30 PM Online Only

12,19,26 *Srimad Bhagavatam*

Swami Sarvadevananda

Tuesdays 7:30 PM

5 A Few Ripples of Discernment

Pravrajika Matriprana

12,19,26 *Svetasvatara Upanishad*

Swami Sarvadevananda

Wednesdays 7:30 PM

*Gospel of Sri Ramakrishna*

6, 27 Pravrajika Matriprana

13,20 Swami Sarvadevananda

Thursdays 7:30 PM

7,21 *Katha Upanishad*

Swami Jnanasudhananda

14, 28 *Letters of Swami Vivekananda*

Swami Mahayogananda

### Fridays 7:30 PM

- 1 **Buddha Purnima** Hosted by Dayaprana  
Bathing the Baby Buddha  
"The Life of Buddha"(video) &  
Q & A (zoom)  
Online Guest from Tendai-sect

- 8,29 Teachings of the Direct Disciples  
of Sri Ramakrishna  
Swami Atmavidyananda
- 15 No Class
- 22 Crystal Bowl Meditation  
Swami Atmavidyananda and Alok

#### Other Events

#### Saturdays

2, 23 2:30 – 4 PM Chanting Class

Pr. Dayaprana Online Only

16 6 - 8:30 AM Antaryoga Retreat

on Buddha Register by May 14

[dayaprana@vedanta.org](mailto:dayaprana@vedanta.org)

9 **Ram Nam 6:30 PM**

23 9:15 AM – Noon

#### Karma Yoga

**Sundays** 9-10:35 AM Online Only

Sanskrit Class Sukirtha Alagarwamy

Contact: [sukirtha@vedanta.org](mailto:sukirtha@vedanta.org)

25 **Monday - Memorial Day Retreat**

10 AM Reading of the Complete Works of  
Vivekananda

12 Noon Puja - 1:30 Prasad Lunch

2:30 Mountain Journey: An Interfaith Opera

4 Discussions on the readings

5 Break -

5:30 Talk by Swami Sarvadevananda

29 **Friday 7 AM Vigil**

**VIVEKANANDA HOUSE South Pasadena**

10 **Sunday 4 - 7 PM Retreat**

### SANTA BARBARA TEMPLE

#### SUNDAY SPIRITUAL TALKS 11 AM

- 3 A Matter of Insanity  
Swami Chidbrahmananda
- 10 Gifts of the Mother  
Pravrajika Vrajaprana
- 17 Karma & Grace: She Takes the Fruits  
Swami Mahayogananda
- 24 Buddha and Shankara  
Swami Sarvadevananda
- 31 Karma and Reincarnation  
Swami Vedarupananda

#### Classes and Other Events

Wednesdays 5 PM

*Swami Trigunatitananda*

Pravrajika Krishnaprana

#### Saturdays

9 9:15 – Noon Karma Yoga Day

2,9,16,30 5 PM

*Gospel of Sri Ramakrishna*

Swami Chidbrahmananda

23 *Bhagavad Gita*

Swami Sarvadevananda

#### HIGH DESERT- PIÑON HILLS Saturdays

2 **10 AM – 1 PM**

*Gita* readings, meditation, chanting

1:30 – 2:30 vegetarian potluck lunch  
and discussion

Contact: [Arupeshananda@vedanta.org](mailto:Arupeshananda@vedanta.org)

#### In person and online

30 9:30 AM – 4 PM

Meditation on Buddha

Register by May.28

[dayaprana@vedanta.org](mailto:dayaprana@vedanta.org)

### ORANGE COUNTY CENTER TRABUCO

#### RAMAKRISHNA MONASTERY

#### SUNDAY SPIRITUAL TALKS 11 AM

- 3 Karma and Reincarnation  
Swami Vedarupananda
- 10 Let Us Examine What We Truly Seek  
Swami Dhyanyogananda
- 17 Buddha and Shankara  
Swami Sarvadevananda
- 24 A Failure of Words  
Swami Chidbrahmananda
- 31 Our Spiritual Journey  
Reflected in Stories  
Swami Atmavidyananda

#### Wednesdays

6:30 PM In person and online

Arati

7:30 Satsanga with Trabuco

Brothers

### SAN DIEGO CENTER

#### SATURDAY SPIRITUAL TALKS 11 AM

- 2 Karma and Reincarnation  
Swami Vedarupananda
- 9 All We Are Asked to Do  
Swami Dhyanyogananda
- 16 Buddha and Shankara  
Swami Sarvadevananda
- 23 A Failure of Words  
Swami Chidbrahmananda
- 30 Vedanta and Kabbalah  
Dr. Siddhartha Nadkarni

## VISITING HOURS AND CONTACTS

### HOLLYWOOD CENTER

1946 Vedanta Pl.  
Los Angeles, CA 90068 (323) 465 7114

#### Temple Hours

6:30 – 7:45 AM Noon – 1:15 PM  
6 – 7 PM (Class nights to 8:30 PM)  
Sundays 10:30 AM – 1:15 PM

#### Bookshop Hours

Thurs. – Fri. 11 AM – 1 PM, 2:30 – 4:30 PM  
Sat. 11 AM – 5 PM  
Sun. 10:30 AM – 2 PM  
Closed Mon. – Wed.

### SANTA BARBARA CENTER

927 Ladera Lane  
Santa Barbara, CA 93108 (805) 969 2903

#### Temple Hours

Daily 6:30 AM – 7 PM

#### Bookshop Hours

Thurs.–Sat. 11 AM - 5 PM  
Sun. 10:30 AM -12:30 PM

### ORANGE COUNTY CENTER

#### RAMAKRISHNA MONASTERY

19961 Live Oak Canyon Rd  
Trabuco Canyon, CA 92678 (949) 858 0342  
Fri.–Sat. 9 AM – 11:45 AM  
Sun. 10 AM – 1:45 PM  
Bookshop other hours: Call (949) 326 3067

### SAN DIEGO CENTER

1440 Upas Rd,  
San Diego, CA 92103 (619) 291 9377

### HIGH DESERT PINON HILLS RETREAT

P O BOX 720575 720 Sage Rd,  
Pinon Hills, CA 92372 (949) 326 2009

### SOUTH PASADENA VIVEKANANDA HOUSE

309 Monterey Rd,  
South Pasadena, CA 91030 (323) 254 1546  
Visits by appointment

### VEDANTA SOCIETY ONLINE

For information: [vedanta.org](http://vedanta.org).  
For the online bookstore: [vedanta.com](http://vedanta.com).  
For courses: [vedantalifeacademy.com](http://vedantalifeacademy.com)  
For recent talks: [youtube.com/vedantaorg](http://youtube.com/vedantaorg)  
For other Centers: [Vedanta.org/north-American-centers](http://Vedanta.org/north-American-centers)

## ABOUT THE VEDANTA SOCIETY

The Vedanta Society of Southern California was founded in 1930 by Swami Prabhavananda. The Society maintains a temple, convent, and monastery in Hollywood and Santa Barbara; a monastery and shrine in San Diego and Orange County Center; and the Vivekananda House in South Pasadena. There are a number of official Vedanta societies in the United States and worldwide. Although the societies are under the spiritual guidance of the Ramakrishna Order of India, each is an independent unit.

**Membership** is open to those who are seriously interested in the teachings of Vedanta and have attended lectures and classes for some time. In addition, an interview with Swami Sarvadevananda is required. Applications are available in the Society office and bookshops.

**Private instruction** in spiritual practice is available by appointment from Swami Sarvadevananda to those who have attended classes and lectures for some time and want to deepen their spiritual life in the path of meditation. There is no charge for this instruction. Appointments may be made at the local centers.

**Information and books** on Vedanta and other religions are available at the Hollywood, Trabuco and Santa Barbara bookshops. Some books are also available at the San Diego Center.

## VEDANTA TEACHINGS

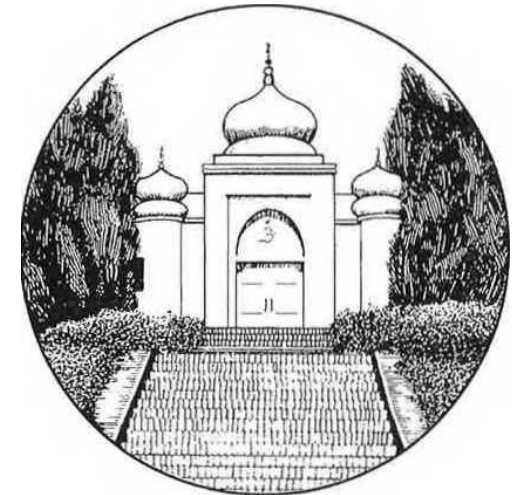
Vedanta teaches that humanity's real nature is divine, that the true object of human life is to unfold and manifest this divinity, and that truth is universal. Vedanta accepts all the religions of the world and reveres the great prophets, teachers and sons of God, because it recognizes the same divine inspiration in all.

### Quotes for the Month

**From *Concentration and Meditation* by Swami Abhedhananda**

One way of obtaining self-control is through concentration and meditation. Concentrate your mind upon the supreme Self and do not let it be disturbed by any other thought or desire at that time. When Buddha sat in meditation under the *Bo* tree all the dormant impressions began to rise in his mind. But Buddha said: "It is better to die on the battlefield while fighting with enemy than to be defeated and forced to live like a slave, seeking little bits of sense pleasures and enjoyments." With such a strong determination Buddha became master of himself. Whosoever will display similar determination of purpose and strength of character will surely attain perfect self-control. They alone who have acquired self-control enjoy eternal peace and happiness in this life and attain the goal of all religions, the knowledge of the divine Self.

## Monthly Bulletin May 2026



Hollywood Temple

**Vedanta Society**

**of Southern California**

**Ramakrishna Order of India**

**Minister: Swami Sarvadevananda**

**Hollywood · Orange County**

**Santa Barbara · South Pasadena**

**San Diego · High Desert**