

January 2026

ALL EVENTS IN PERSON AND ONLINE

Unless Otherwise Noted

Visit vedanta.org for internet links

HOLLYWOOD TEMPLE

SUNDAY SPIRITUAL TALKS 11 AM

4 One Undivided Heart
Swami Sarvadevananda

11

Swami Vivekananda Puja
6:30 AM Reading of *Katha Upanishad* and
Breakfast Offering
10 AM, Puja, Homa Fire, Flower offering
2 PM Prasad Lunch
3:15 Special Program
4:45 Break
5:30 Talk by Swami Sarvadevananda
6 Special Arati

18 The Deification of the World: Swami
Vivekananda’s Integral Advaita
Swami Medhananda

25

Swami Brahmananda Puja
10 AM Puja, Homa Fire, Flower Offering
2 PM Prasad
3:15 PM Ram Nam and Bhajans
4:45 PM Tea Break
5.30 PM Talks by Swamis
6 PM Special Arati

Classes

Tuesdays 4:30 PM Online Only

Srimad Bhagavatam

Swami Sarvadevananda

Tuesdays 7:30 PM

Svetasvatara Upanishad

Swami Sarvadevananda

Wednesdays 7:30 PM

Gospel of Sri Ramakrishna

7,14,21 Swami Sarvadevananda

28 Swami Medhananda

Thursdays 7:30 PM

1 Class Cancelled
8,22 Patanjali’s Yoga Sutras
29 From Vaidhi Bhakti to Raga Bhakti
Swami Medhananda
15 Letters of Swami Vivekananda
Swami Mahayogananda

Fridays 7:30 PM

2,9,30 Teachings of the Direct Disciples of
Sri Ramakrishna , Sw Atmavidyananda

16 Class Cancelled
23 Crystal Bowl Meditation
Swami Atmavidyananda and Alok

Saturdays

3, 17 2:30 – 4 PM Chanting Class online only
Pr Dayaprana

17 6 -8:30 AM Antaryoga Morning Retreat
Register by Jan 15 dayaprana@vedanta.org

Other Events

1 **Thursday 6:30 PM Kalpataru Day
Reading**

3 **Saturday 6:30 PM Ram Nam**

17 Saturday 9:15 AM to Noon, Karma Yoga
30 Friday 7 AM Vigil

Sundays 9-10:35 AM Online Only
Sanskrit Class by Sukirtha Alagarswamy
Contact: sukirtha@vedanta.org

VIVEKANANDA HOUSE South Pasadena

4 **Sunday 4 PM Retreat
Swami Sarvadevananda**

PINON HILLS, HIGH DESERT

In person and online

Saturday

3 10 AM – 1 PM
Gita readings, meditation, chanting,
singing
1:30-2:30 PM vegetarian potluck
lunch and discussion
Contact arupeshananda@vedanta.org

31 9:30 AM – 4 PM
Meditation on Swamiji’s Words
Register by Jan 29
dayaprana@vedanta.org

SANTA BARBARA TEMPLE

SUNDAY SPIRITUAL TALKS 11 AM

4 The Touchstone of the Veda
Swami Vedarupananda

11 Karma/Karma Yoga/Freedom
Pravrajika Krishnaprana

18 Guru
Swami Chidbrahmananda

25 Already Whole
Swami Dhyanaogananda

Classes and Other Events

1 Thursday 5 PM
Kalpataru Day Reading.

Wednesdays 5 PM
Swami Trigunatitananda
Pravrajika Krishnaprana

3,10,17,24 Saturday 5 PM
Gospel of Sri Ramakrishna
Swami Chidbrahmananda

31 5 PM *Bhagavad Gita*
Swami Sarvadevananda

17 Saturday Karma Yoga 9:15 AM –
Noon

10

Saturday
Swami Vivekananda Puja
7 AM Breakfast Offering
11:00 AM Puja
12:45 PM Homa Fire
Prasad Lunch

20

Tuesday
Swami Brahmananda Puja
11:00 AM Puja
12:45 PM Homa Fire
Prasad Lunch

RAMAKRISHNA MONASTERY

Orange County

SUNDAY SPIRITUAL TALKS 11 AM

4 Did Sri Ramakrishna Really Practice
Christianity?

Swami Medhananda

11 Seeking Validation
Swami Dhyanaogananda

18 One Undivided Heart
Swami Sarvadevananda

25 The Touchstone of the Veda
Swami Vedarupananda

Wednesday

6:30 PM In person and online Arati

7:30 Satsanga with the
Trabuco Brothers

SAN DIEGO CENTER

SATURDAY SPIRITUAL TALKS 11 AM

3 The Mirror of the Soul and the Eyes
of God
Swami Medhananda

10

Swami Vivekananda Puja
10 AM – Worship by Swami
Bhajananda
12:15 PM – Swami Ambikananda
Narendra (Sw. Vivekananda) as
revealed in the *Kathamrita*
1 PM Prasad

17 One Undivided Heart
Swami Sarvadevananda

24 The Touchstone of the Veda
Swami Vedarupananda

31 Neuroscience in the *Upanishads*:
Dakshinamurti Stava
Siddhartha S. Nadkarni, MD

Siddhartha Center for Clinical Neuroscience

Hackensack Meridian School of Medicine

See sandiegovedanta.org for listings

See vedantalifeacademy.com for courses

VISITING HOURS AND CONTACTS

HOLLYWOOD CENTER

1946 Vedanta Pl.

Los Angeles, CA 90068 (323) 465 7114

Temple Hours

6:30 – 7:45 AM Noon – 1:15 PM

6 – 7 PM (Class nights to 8:30 PM)

Sundays 10:30 AM – 1:15 PM

Bookshop Hours

Thurs. – Fri. 11 AM – 1 PM, 2:30 – 4:30 PM

Sat. 11 AM – 12:30 PM; 1 – 5 PM

Sun. 10:30 AM – 2 PM

Closed Mon. – Wed.

SANTA BARBARA CENTER

927 Ladera Lane

Santa Barbara, CA 93108 (805) 969 2903

Temple Hours

Daily 6:30 AM – 7 PM

Bookshop Hours

Thurs.–Sat. 11 AM - 5 PM

Sun. 10:30 AM -12:30 PM

ORANGE COUNTY CENTER

RAMAKRISHNA MONASTERY

19961 Live Oak Canyon Rd

Trabuco Canyon, CA 92678 (949) 858 0342

Fri.–Sat. 9 AM – 11:45 AM

Sun. 10 AM – 1:45 PM

Bookshop other hours: Call (949) 326 3067

SAN DIEGO CENTER

1440 Upas St

San Diego, CA 92103 (619) 291 9377

HIGH DESERT PIÑON HILLS RETREAT

PO BOX 720575; 720 Sage Rd

Piñon Hills, CA 92372 (949) 326 2009

SOUTH PASADENA VIVEKANANDA HOUSE

309 Monterey Rd

South Pasadena, CA 91030 (323) 254 1546

Visits by appointment

VEDANTA SOCIETY ONLINE

For information: vedanta.org

For the online bookstore: vedanta.com

For courses: vedantalifeacademy.com

For online talks: youtube.com/vedantaorg

ABOUT THE VEDANTA SOCIETY

The Vedanta Society of Southern California was founded in 1930 by Swami Prabhavananda. The Society maintains a temple, convent, and monastery in Hollywood and Santa Barbara; a monastery and shrine at its San Diego and Orange County centers; and the Vivekananda House in South Pasadena. There are a number of official Vedanta societies in the United States and worldwide. Although the societies are under the spiritual guidance of the Ramakrishna Order of India, each is an independent unit.

Membership is open to those who are seriously interested in the teachings of Vedanta and have attended lectures and classes for some time. In addition, an interview with Swami Sarvadevananda is required. Applications are available in the Society office and/or bookshops.

Private instruction in spiritual practice is available by appointment from Swami Sarvadevananda to those who have attended classes and lectures for some time and want to deepen their spiritual life in the path of meditation. There is no charge for this instruction. Appointments may be made at the local centers

Information and a large selection of books on Vedanta and other religions are available at the Hollywood, Trabuco and Santa Barbara bookshops. Some books are also available at the San Diego Center. Some of our centers maintain a lending library for the use of members.

VEDANTA TEACHINGS

Vedanta teaches that humanity's real nature is divine, that the true object of human life is

to unfold and manifest this divinity, and that truth is universal. Vedanta accepts all the religions of the world and reveres the great prophets, teachers and sons of God, because it recognizes the same divine inspiration in all.

From the *Complete Works of Swami Vivekananda*

1) The mind uncontrolled and unguided will drag us down, down, forever--rend us, kill us; and the mind controlled and guided will save us, free us. Vol 6 , 30

2) The powers of the mind are like rays of light dissipated; when they are concentrated, they illumine. This is our only means of knowledge. Everyone is using it, both in the external and the internal world; Vol 1,129

3) To turn the mind, as it were, inside, stop it from going outside, and then to concentrate all its powers, and throw them upon the mind itself, in order that it may know its own nature, analyze itself, is very hard work. Yet that is the only way to anything which will be a scientific approach to the subject. Vol 1 ,129 - 130

4) We should cultivate the optimistic temperament, and endeavor to see the good that dwells in everything. If we sit down and lament over the imperfection of our bodies and minds, we profit nothing... . Vol 4 ,190

Monthly Bulletin

January 2026



Vivekananda House

Vedanta Society of Southern California

Minister: Swami Sarvadevananda
Ramakrishna Order of India

Hollywood . Orange County
Santa Barbara . South Pasadena
San Diego . High Desert