

MARCH 2025

ALL EVENTS IN PERSON AND ONLINE

UNLESS OTHERWISE NOTED

Visit vedanta.org for internet links

HOLLYWOOD TEMPLE

2 SUNDAY RAMAKRISHNA PUJA

10 AM Puja, Homa Fire, Flower Offering

2:30 PM Ramakrishna Nama Sankirtan

3 PM Devotees reflect on
Sri Ramakrishna

5 PM Tea break

5.30 PM Talk by Swami Sarvadevananda

6 PM Special Arati

SUNDAY SPIRITUAL TALKS 11 AM

9 The Heart of Swami Vivekananda
Swami Medhananda

16 Pain Management
Swami Arupeshananda

23 Ramakrishna – Chaitanya
Swami Sarvadevananda

30 Swami Vivekananda and Shiva
Swami Mahayogananda

Classes

Tuesdays 4:30 PM

4,25 *Srimad Bhagavatam*
Swami Sarvadevananda

Tuesdays 7:30 PM

4, 25 *Svetasvatara Upanishad*
Swami Sarvadevananda

11 Spiritual Practice for Householders
Swami Medhananda

18 Understanding Puja
Swami Mahayogananda

Wednesdays 7:30 PM

Gospel of Sri Ramakrishna

5,12 Swami Medhananda

19 Swami Sarvadevananda

26 Pravrajika Dayaprana

Thursdays 7:30 PM

6,20 *Patanjali's Yoga Sutras*
Swami Medhananda

13 Bhagavad Gita – The Mind
Pravrajika Vidyaprana

27 Hymns of Swami Vivekananda
Swami Mahayogananda

Fridays 7:30 PM

7,14,28 Teachings of the Disciples of Sri
Ramakrishna

Swami Atmavidyananda

21 Crystal Bowl Guided Meditation

OTHER EVENTS

8 Saturday 6:30 Ram Nam

15 Karma Yoga 9AM - Noon

28 Friday Vigil 7 AM

Saturday Chanting Class

Pravrajika Dayaprana Online Only

15, 29 Saturday 2:30 – 4 PM

8 Saturday 6-8:30 AM

Antaryoga Retreat: *Sri Ramakrishna*.

Register by March 6

dayaprana@vedanta.org

Sundays 9 to 10:30 AM Sanskrit Class

Contact sukirtha@vedanta.org

VIVEKANANDA HOUSE RETREAT

23 Sunday 4 PM

SANTA BARBARA TEMPLE

SUNDAY SPIRITUAL TALKS 11 AM

2 Retreat to Go Forward
Swami Vedarupananda

9 Sri Ramakrishna and Us
Pravrajika Vrajaprana

16 “Do you *Really* Believe in
Reincarnation?”
Swami Medhananda

23 From the Sublime to the Sublime
Swami Mahayogananda

30 On Greatness
Swami Arupeshananda

Classes and Other Events

1 Saturday Ramakrishna Puja

11 AM Puja

12:45 PM Homa fire

1:30 PM Prasad lunch

Wednesdays 5 PM

Glimpses of a Great Soul:

A Portrait of Swami Saradananda

by Swami Asehananda

Pravrajika Krishnaprana

8 Saturday 9:15 AM – Noon
Karma Yoga

Saturdays 5 PM

8,15,22,29 *Gospel of Ramakrishna*

HIGH DESERT – PIÑON HILLS

In person and online

22 9:30 AM – 4 PM

Sri Ramakrishna

Register by Mar 20

dayaprana@vedanta.org

RAMAKRISHNA MONASTERY

Trabuco Canyon, Orange County

SUNDAY SPIRITUAL TALKS 11 AM

2 Charismatic Spiritual Personalities
Swami Dhyanyogananda

9 The Question of Food
Swami Vedarupananda

16 The Power of the Holy Name
Swami Mahayogananda

23 Navigating Anger
Swami Dhyanyogananda

30 Ramakrishna – Chaitanya
Swami Sarvadevananda

Wednesdays

6:30 PM In person and online Arati

7:30 PM Satsanga with the
Trabuco Brothers

SAN DIEGO CENTER

1 Saturday Ramakrishna Puja

10 am Puja

12 pm Flower offering

12:15 Program

12:45 Prasad lunch

SATURDAY SPIRITUAL TALKS 11 AM

8 Retreat to Go Forward
Swami Vedarupananda

15 Aging Gracefully and Spiritually
Robert Friedland

22 The Emotional Reaction
Swami Dhyanyogananda

29 Ramakrishna – Chaitanya
Swami Sarvadevananda

See sandiegovedanta.org for listings

See vedantalifeacademy.com for courses

VISITING HOURS AND CONTACTS

HOLLYWOOD CENTER

1946 Vedanta Pl.
Los Angeles, CA 90068 (323) 465 7114

Temple Hours

6:30 – 7:45 AM Noon – 1:15 PM
6 – 7 PM (Class nights to 8:30 PM)
Sundays 10:30 AM – 1:15 PM

Bookshop Hours

Thurs. – Fri. 11 AM – 1 PM, 2:30 – 4:30 PM
Sat. 11 AM – 5 PM
Sun. 10:30 AM – 2 PM
Closed Mon. – Wed.

SANTA BARBARA CENTER

927 Ladera Lane
Santa Barbara, CA 93108 (805) 969 2903

Temple Hours

Daily 6:30 AM – 7 PM

Bookshop Hours

Thurs.–Sat. 11 AM - 5 PM
Sun. 10:30 AM -12:30 PM

ORANGE COUNTY CENTER

RAMAKRISHNA MONASTERY

19961 Live Oak Canyon Rd
Trabuco Canyon, CA 92678 (949) 858 0342
Fri.–Sat. 9 AM – 11:45 AM
Sun. 10 AM – 1:45 PM
Bookshop other hours: Call (949) 326 3067

SAN DIEGO CENTER

1440 Upas St
San Diego, CA 92103 (619) 291 9377

HIGH DESERT PIÑON HILLS RETREAT

PO BOX 720575; 720 Sage Rd
Piñon Hills, CA 92372 (949) 326 2009

SOUTH PASADENA VIVEKANANDA HOUSE

309 Monterey Rd
South Pasadena, CA 91030 (323) 254 1546
Visits by appointment

VEDANTA SOCIETY ONLINE

For information: vedanta.org
For the online bookstore: vedanta.com
For courses: vedantalifeacademy.com
For online talks: youtube.com/vedantaorg

ABOUT THE VEDANTA SOCIETY

The Vedanta Society of Southern California was founded in 1930 by Swami Prabhavananda. The Society maintains a temple, convent, and monastery in Hollywood and Santa Barbara; a monastery and shrine at its San Diego and Orange County centers; and the Vivekananda House in South Pasadena. There are a number of official Vedanta societies in the United States and worldwide. Although the societies are under the spiritual guidance of the Ramakrishna Order of India, each is an independent unit.

Membership is open to those who are seriously interested in the teachings of Vedanta and have attended lectures and classes for some time. In addition, an interview with Swami Sarvadevananda is required. Applications are available in the Society office and/or bookshops.

Private instruction in spiritual practice is available by appointment from Swami Sarvadevananda to those who have attended classes and lectures for some time and want to deepen their spiritual life in the path of meditation. There is no charge for this instruction. Appointments may be made at the local centers

Information and a large selection of books on Vedanta and other religions are available at the Hollywood, Trabuco and Santa Barbara bookshops. Some books are also available at the San Diego Center. Some of our centers maintain a lending library for the use of members.

VEDANTA TEACHINGS

Vedanta teaches that humanity's real nature is divine, that the true object of human life is to unfold and manifest this divinity, and that truth is universal. Vedanta accepts all the religions of the world and reveres the great prophets, teachers and sons of God, because it recognizes the same divine inspiration in all.

Quotes for the Month

From the *Gospel of Sri Ramakrishna*

Sunday, 9 December, 1883.

Sri Ramakrishna (*to the devotees*): Chaitanya Deva used to have these three states. The conscious state—in this state his mind would roam between the gross and the subtle. The semi-conscious state—in this state his mind was in the causal state, in the enjoyment of the causal. The innermost state—his mind would merge into the Great Cause.

“This conforms beautifully to the five sheaths (*koshas*) of the Vedas. The gross body is concerned with the annamaya and the prānamaya sheaths. The subtle body means the manomaya and the vijnānamaya sheaths. The causal body corresponds to the ānandamaya sheath. The Great Cause is beyond the five sheaths. When the mind merges in the Great Cause, it results in what is called nirvikalpa or jada samadhi.

“When Chaitanya Deva was in the conscious state, he would chant the name of God. In the semi-conscious state, he danced with the devotees. And when he experienced the innermost state, he would be absorbed in samadhi.” ... Chaitanya was an incarnation of bhakti (love and devotion). He came to teach love of God to mankind. Have love for God and everything else is done for you.

Monthly Bulletin MARCH 2025



Santa Barbara Temple

Vedanta Society of Southern California

Ramakrishna Order of India

Minister
SWAMI SARVADEVANANDA

Hollywood · Orange County
Santa Barbara · South Pasadena
San Diego · High Desert