

## JANUARY 2025

### ALL EVENTS IN PERSON AND ONLINE

UNLESS OTHERWISE NOTED

Visit [vedanta.org](http://vedanta.org) for internet links

### HOLLYWOOD TEMPLE

#### SUNDAY SPIRITUAL TALKS 11 AM

- 5 Who Am I?  
Pravrajika Sevaprana
- 12 Yoga for Psychological Transformation  
Swami Sarvadevananda
- 19 **Vivekananda Puja: See Other Events**
- 26 Vivekananda and Brahmananda  
Swami Mahayogananda

#### Classes

Tuesdays 4:30 PM

*Srimad Bhagavatam*  
Swami Sarvadevananda

Tuesdays 7:30 PM

*Svetasvatara Upanishad*  
Swami Sarvadevananda

Wednesdays 7:30 PM

*Gospel of Sri Ramakrishna*

8,15,29 Swami Sarvadevananda

22 Swami Medhananda

Thursdays 7:30 PM

2 God With or Without Form?  
Swami Medhananda

9 Introduction to the *Bhagavad Gita*  
Pravrajika Vidyaprana

16 Patanaji's *Yoga Sutras*  
Swami Medhananda

23, 30 Hymns of Swami Vivekananda  
Swami Mahayogananda

Fridays 7:30 PM

3 Crystal Bowl Meditation  
Swami Atmavidyananda and Alok

10,17,24,31 Teachings of the Direct Disciples  
of Sri Ramakrishna  
Swami Atmavidyananda

11, 25 Saturday 2:30 – 4 PM online only  
Pr. Dayaprana Chanting Class

11 Saturday 6–8:30 AM online only  
Antaryoga Retreat: *Prasna Upanishad*.  
Register by Jan 9  
[dayaprana@vedanta.org](mailto:dayaprana@vedanta.org)

Sundays 9-10:35 AM Online Only  
Sanskrit Class  
Sukirtha Alagarswamy  
Contact: [sukirtha@vedanta.org](mailto:sukirtha@vedanta.org)

#### Other Events

1 **Wed. Kalpataru Day Reading 6:30 PM**

11 Saturday 9 AM – Noon Karma Yoga

11 **Ram Nam 6:30 PM**

19 **Sunday**  
**Swami Vivekananda Puja**  
6:30 AM Reading of the *Katha Upanishad* and Breakfast Offering  
10 AM Puja, Homa Fire,  
Flower Offering  
2 PM Prasad  
3:15 Chanting and talks by  
Devotees  
5 PM Tea Break  
5:30 Talk by  
Swami Sarvadevananda  
6 PM Special Arati

24 Friday 7 AM Vigil

**Note: Brahmananda Puja will be held on  
the first Sunday in February**

### SWAMI VIVEKANANDA HOUSE

SOUTH PASADENA · 125th Anniversary

12 **Sunday Spiritual Retreat 4 – 6 PM**

### SANTA BARBARA TEMPLE

#### SUNDAY SPIRITUAL TALKS 11 AM

5 A Strength-Giving Religion  
Swami Vedarupananda

12 **Hindu and Catholic, Priest and  
Scholar: A Love Story,  
Father Francis Clooney, SJ,  
Professor, Harvard Divinity School**

19 Embracing Change  
Pravrajika Krishnaprana

26 Yoga for Psychological Transformation  
Swami Sarvadevananda

#### Classes and Other Events

Wednesdays 5 PM

*Glimpses of a Great Soul:  
A Portrait of Swami Saradananda*  
by Swami Areshananda  
Pravrajika Krishnaprana

21 **Tuesday**  
**11 AM Swami Vivekananda Puja**  
12:30 PM Homa Fire followed by  
Prasad

31 **Friday**  
**11 AM Swami Brahmananda Puja**  
12:30 PM Homa Fire followed by  
Prasad

Saturday

11 9:15 AM – Noon - Karma Yoga

4,11,18 5 PM *Gospel of Sri Ramakrishna*

25 5 PM *Bhagavad Gita*  
Swami Sarvadevananda

### HIGH DESERT – PIÑON HILLS

No Services this month

### ORANGE COUNTY CENTER

#### RAMAKRISHNA MONASTERY

#### SUNDAY SPIRITUAL TALKS 11 AM

5 Yoga for Psychological Transformation  
Swami Sarvadevananda

12 Be Adaptable, Flow Like Water  
Swami Dhyanyogananda

19 A Strength-Giving Religion  
Swami Vedarupananda

26 Vedanta in the Age of AI  
Swami Medhananda

Wednesdays

6:30 PM In person and online Arati  
7:30 Satsanga with Trabuco  
Brothers

### SAN DIEGO CENTER

#### SATURDAY SPIRITUAL TALKS 11 AM

4 Yoga for Psychological  
Transformation  
Swami Sarvadevananda

11 Be Adaptable, Flow Like Water  
Swami Dhyanyogananda

18 **10 AM - Swami Vivekananda Puja**  
Noon Flower Offering

12:15 - 1:15 PM Presentation on 'A  
Day at Dakshinewar Temple'  
Film by Kali Mandir

25 The World As God  
Swami Medhananda

See [sandiegovedanta.org](http://sandiegovedanta.org) for listings

See [vedantalifeacademy.com](http://vedantalifeacademy.com) for courses

## VISITING HOURS AND CONTACTS

### HOLLYWOOD CENTER

1946 Vedanta Pl.  
Los Angeles, CA 90068 (323) 465 7114

#### Temple Hours

6:30 – 7:45 AM Noon – 1:15 PM  
6 – 7 PM (Class nights to 8:30 PM)  
Sundays 10:30 AM – 1:15 PM

#### Bookshop Hours

Thurs. – Fri. 11 AM – 1 PM, 2:30 – 4:30 PM  
Sat. 11 AM – 5 PM  
Sun. 10:30 AM – 2 PM  
Closed Mon. – Wed.

### SANTA BARBARA CENTER

927 Ladera Lane  
Santa Barbara, CA 93108 (805) 969 2903

#### Temple Hours

Daily 6:30 AM – 7 PM

#### Bookshop Hours

Thurs.–Sat. 11 AM - 5 PM  
Sun. 10:30 AM -12:30 PM

### ORANGE COUNTY CENTER

#### RAMAKRISHNA MONASTERY

19961 Live Oak Canyon Rd  
Trabuco Canyon, CA 92678 (949) 858 0342  
Fri.–Sat. 9 AM – 11:45 AM  
Sun. 10 AM – 1:45 PM  
Bookshop other hours: Call (949) 326 3067

### SAN DIEGO CENTER

1440 Upas St  
San Diego, CA 92103 (619) 291 9377

### HIGH DESERT PIÑON HILLS RETREAT

PO BOX 720575; 720 Sage Rd  
Piñon Hills, CA 92372 (949) 326 2009

### SOUTH PASADENA VIVEKANANDA HOUSE

309 Monterey Rd  
South Pasadena, CA 91030 (323) 254 1546  
Visits by appointment

### VEDANTA SOCIETY ONLINE

For information: [vedanta.org](http://vedanta.org)

For the online bookstore: [vedanta.com](http://vedanta.com)

For courses: [vedantalifeacademy.com](http://vedantalifeacademy.com)

For online talks: [youtube.com/vedantaorg](http://youtube.com/vedantaorg)

## ABOUT THE VEDANTA SOCIETY

The Vedanta Society of Southern California was founded in 1930 by Swami Prabhavananda. The Society maintains a temple, convent, and monastery in Hollywood and Santa Barbara; a monastery and shrine at its San Diego and Orange County centers; and the Vivekananda House in South Pasadena. There are a number of official Vedanta societies in the United States and worldwide. Although the societies are under the spiritual guidance of the Ramakrishna Order of India, each is an independent unit.

**Membership** is open to those who are seriously interested in the teachings of Vedanta and have attended lectures and classes for some time. In addition, an interview with Swami Sarvadevananda is required. Applications are available in the Society office and/or bookshops.

**Private instruction** in spiritual practice is available by appointment from Swami Sarvadevananda to those who have attended classes and lectures for some time and want to deepen their spiritual life in the path of meditation. There is no charge for this instruction. Appointments may be made at the local centers

**Information and a large selection of books** on Vedanta and other religions are available at the Hollywood, Trabuco and Santa Barbara bookshops. Some books are also available at the San Diego Center. Some of our centers maintain a lending library for the use of members.

## VEDANTA TEACHINGS

Vedanta teaches that humanity's real nature is divine, that the true object of human life is to unfold and manifest this divinity, and that truth is universal. Vedanta accepts all the religions of the world and reveres the great prophets, teachers and sons of God, because it recognizes the same divine inspiration in all.

### Quotes for the Month

Once the mind tastes sweetness in the thought of God there is nothing to fear. Seek the association of the holy so that you may acquire that taste.

Keep association with the holy. Go to one who knows the path, learn about the path, and walk on the path. Then alone you will reach your destination someday. Then alone will arise faith and devotion.

If one can really surrender oneself to God, then everything becomes easy; but it is not so easy to do this. Without divine grace it is not possible to take refuge in God. And in order to feel this grace one must associate with holy men, read sacred books, and pray earnestly.

You have seen a holy man, you have bowed to him, you have touched his feet. What more questions can there be?

—Swami Brahmananda

## Monthly Bulletin JANUARY 2025



Swami Vivekananda House  
South Pasadena

## Vedanta Society of Southern California

Ramakrishna Order of India

Minister

SWAMI SARVADEVANANDA

Hollywood · Orange County

Santa Barbara · South Pasadena

San Diego · High Desert