



**Worship
of
Srī Rāmakrishna**



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ॐ
Worship of Srī Ramakrishna

Enter the shrine wearing washed clothes after bath. Prostrate yourself. Arrange the articles of worship in their respective places. Clean the picture with wet and dry handkerchiefs kept for that purpose. Decorate the picture with sandal paste, flowers and garlands. Sit on the asana facing east or north in any easy posture. Light the lamp and agarbatti. Pray and meditate for a while, concentrating your mind, and think that the Chosen Ideal is seated before you graciously to accept your worship.

1. Prayer

After doing japa of Ishta-mantra recite with folded hands the Pranam Mantras as they are found in the Centre's prayer book followed by:

***“Om sarvamangalamangalyam varenyam varadam shubham;
Nārāyanam namaskritya sarvakarmāni kārayet.”***

“After prostrating to Nārāyana, who is all auspicious, most excellent and the bestower of the highest good, let all actions be performed.”

2. Ācamana (Sipping Water)

Take a little water in the right palm and sip it thrice saying “*Om Vishnuh*” each time.

Clean both the upper and lower lips by moving the tip of the right thumb stretched backwards along them from right to left two times.

Then wash the hands.

Touch the upper and lower lips with the right-, fore-, middle-, and the ring-fingers joined together, the right and left nostrils with the thumb and forefinger, the eyes and ears with the thumb and ring-fingers; and the navel with the thumb and little finger,

Wash the hands again.

Then touch the chest with the right palm and the head and shoulder-joints with all the finger tips.

Wash the hands.

3. Purification

Then chant with folded hands:

***“Om tadvishnoh paramam padam sadā pashyanti sūrayah
divīva cakshurātataṁ.***

“The sages always see the supreme abode of the Lord like a wide open eye (sun) in the sky (heaven).”

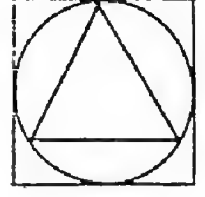
Om apavitraḥ pavitro vā sarvāvasthām gato’pivā;

Yah smaret pundarīkākṣham sa bāhyā-bhyantarah śucih. “

“Whether a person is physically or mentally pure or impure, clean or unclean, in whatever condition he may be, he becomes pure within and without when he remembers the Lord.”

4. Sāmānyārghya Sthāpanā:

Below the elongated larger vessel (Kosha & Kushi) in the front on the left side, draw with a finger dipped in water a triangle, around it a circle and around the circle a square.



Worship the drawing with flowers touched with sandal paste or with rice saying:

“Om ete gandha pushpe, ādhāra shaktyā-dibhyo namah.”

Then wash both the elongated vessels (Kosha & Kushi) saying: **“Phat.”** and place them on the drawing.

Fill the larger vessel (Kosha) with water chanting: **“Namah.”**

Place an arghya consisting bilwa leaf, flower touched with sandal paste, durva and rice at the tip of the elongated copper vessel saying: **“Om.”**

Then invoke the holy waters from the solar region into that water by touching it with Ankusa-Mudrā and reciting the following mantra:



**“Om Gange ca Yamune caiva Godāvari Saraswatī;
Narmade Sindhu Kāveri Jale'smin San-nidhim kuru.”**

Then place sandal paste, flower, durva and rice in the water.

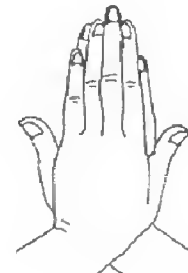
Show Avagunthana-Mudrā saying **“Hūm.”**



Show Dhenu-Mudrā saying **“Vam.”**



Covering it with Matsya-Mudrā, repeat **“Om.”** ten times.



5. Dvāra-devatā-pūjā (Worship of the Deities of the Door):

Sprinkling a little water towards the door, offer a flower touched with sandal-paste there saying:

“Om ete gandha pushpe Dwār-Devatabhyo namah.”

Make the same offering on the floor in the south-west corner saying:

“Om ete gandha pushpe Brahmane namah.”

And again:

“Om ete gandha pushpe Vāstu-Purushāya namah.”

6. Bhūtāpasāraṇa (Driving away evil forces):

Cover the rice repeating ***“Phat.”*** seven times.

Scatter the same rice around with Naraca-Mudrā, ringing the bell and chanting:

***“Om sarva-vighnānut sāraya Hūm Phat Swāhā,
Om Apasar-pantu Te Bhūtā Ye Bhūtā Bhuvi Sansthitāh,
Ye Bhūtā Vighna-kartārah, Te Nashyantū Shivāgnyayā.”***

“May all the evil forces found on earth go far away. May those evil forces which cause destruction be destroyed by the command of Shiva.”



7. Bhūmi-śuddhi (Purification of the Earth):

Place a little water from the cup of the right hand on the ground saying:

“Om Raksha Raksha Hūm Phat Swāhā.”

8. Āsana-śuddhi (Purification of the Seat):

Take some water in the right palm and drop it under the right corner of the seat.
Draw a triangle with that water and worship there with flower touched with sandal paste saying:

“Om Hrīm Ete Gandha Pushpe Adhārā-Shaktyā Dibhyo Namah.”

Then touching the seat recite:

***“Om Asya Āsano-paveshana Mantrasya Meru-Prishtha Rishih.
Sutalam Chandah Kūrmo-Devata Āsanano Paveshane Viniyogah.”***

Then recite with folded hands:

***“Om Prithvi Twayā Dhritā Lokā Devi Twam Vishnunā Dhritā
Twam ca Dhāraya Mām Nityam Pavitram Kuru Cāsanam.”***

“O earth, all the worlds are supported by you and the Lord Himself supports you. Kindly support me constantly and sanctify this seat.”

Then, drawing a triangle on the seat, worship it with flower touched with sandal-paste saying:

“Om hrīm ete gandha pushpe ādhāra-shaktye kamalā-sanāya namah”

9. Guru-praṇāma (Salutation to the Guru):

Saluting with folded palms above the left ear and raising them a little higher each time, repeat:

“Aim Gurubhyo Namah.

Aim Parama Gurubhyo Namah.

Aim Parā-para Gurubhyo Namah.

Aim Parameshthi Gurubhyo Namah.”

Salute above the right ear saying:

“Om gam Gaṇeśāya Namah.”

And then in the middle (Front) saying:

“Om Aim Sarva Deva-Devī Swarūpāya Srī Rāmakṛṣhnāya Namah.”

10. Kara-śuddhi (Purification of the Hands):

Take a flower touched with sandal-paste in the right hand reciting "**He Soun.**"

Place it on the left palm and crush it with the right palm uttering the mantra:
"Ām Hūm Phat Swāhā."

Then take it in the left hand and spin it round the head uttering the mantra:
"Klīm."

Then, smell it uttering the mantra: "**Aim.**"

And place it in the North-East corner holding it in Naraca-Mudrā uttering
"Phat."



11. Purification of the Flowers:

Sprinkle water three times on the flowers with the Mantra:

"Om Shatābhi-sheka Hūm Phat Swāhā."

And touching the flowers recite:

**"Om pushpe pushpe Mahā pushpe Supushpe pushpa Sambhave
Pushpa ca yāva Kirne ca Hūm Phat swāhā."**

12. Removal of the Celestial Obstacles and fencing the Quarters:

Chanting the Mūla-mantra "**Aim.**" remove with a spiritual look the celestial obstacles.

Clap the left palm overhead with the fore- and middle fingers joined together thrice at different levels repeating: "**Phat.**"

Snap the thumb and forefinger round the head repeating "**Phat.**" in the ten directions starting from east up to North-East and above and below.

13. Removal of the Terrestrial Obstacles:

Remove the terrestrial obstacles by striking the ground three times with the heel of the left leg repeating "**Phat.**"

14. Removal of the Heavenly Obstacles:

Remove the obstacles relating to the sky by sprinkling water above uttering "**Astrāya Phat.**"

15. Purification of the Deity and the Materials of Worship:

Sprinkle water thrice on the Deity and the Materials of worship uttering:

"Om Aim Phat."

And show Dhenu-Mudrā.



16. Purification of the Body and Protection of One's Self:

Gently pass both the hands over the body from head to foot and back again from foot to head repeating the Mūla-mantra "**Aim.**" and sanctify the body.

Imagine that through this process, your body, speech and mind have been purified.

Then keeping the hand on the chest repeat the following mantra:

"Om Durge Durge Rakshini Swāhā

Om Ām Hūm Phat Swāhā."

17. **Pranayama** (Control of the Vital Forces through Breath Control)

Sit erect keeping the spine straight and close the mouth.

Folding the right forefinger and middle finger as in a fist, close the right nostril with the right thumb.

Then repeating Mūla-mantra "**Aim.**" or Pranava "**Om.**" 4 times, inhale deeply through the left nostril, filling up the lungs fully. Keep count with the left hand. This is called Pūraka.

Then closing the left nostril (with the ring- and little-finger of the right hand) repeat the same *bīja-mantra* "**Aim / Aum**" sixteen times. This is called Kumbhaka.

Next release the right thumb and exhale slowly through the right nostril, repeating the same mantra 8 times. This is known as Recaka.

Again repeat the process starting with left nostril, keeping the same count.

Thus, if three rounds of Pūraka, Kumbhaka and Recaka are done continuously, one Pranayama is done

18. Sanctification of the Body:

Sitting upright, place the back of the right hand on the palm of the left on the lap and, while reciting the following four Mantras, think that your body is becoming sanctified thereby. Then the sanctification of the body in brief is done.

“Om Bhūta-Shrinagā Tāch-Chirah Sushumna Pathena

Jīvashivam Parama-Shivapade Yojayāmi Swāhā.

Om Yam Linga Sharīram Shoshaya Shoshaya Swāhā.

Om Ram Sankoca Sharīram Daha Daha Swāhā.

Om Parama Shiva Sushumnā Pathena Mūla-Shringāta, Mulla Sollasa,

Jwala Jwala Prajwala Prajwala, So'ham Hansah Swāhā. “

19. Worship of Sandal Paste etc.:

Sprinkle water three times into the sandal paste saying:

“Om Etebhyo Gandhadi-bhyo Namah.”

Then, taking a flower touched with the sandal paste, offer it in the flower vessel saying:

“Om Ete Gandha Pushpe Etebhyo Gandhadi-bhyo Namah.”

Offer flowers touched with sandal paste, similarly in the main copper worship vessel saying:

“Om Ete Gandha Pushpe Etat Adhipataye Devāya Vishnave Namah.”

And again;

“Om Ete Gandha Pushpe Etat Sampra-dānebhyo pūjaniya Devebhyo Namah.”

20. Sūrya-Arghya:

Arrange an Arghya in the Kushi (Spoon-like vessel) with water, a red flower (hibiscus preferably) touched with red sandal paste, durva, and rice. Hold the Kushi cupped in both hands and offer it to Sūrya (The Sun God) reciting the following Mantra:

***“Om Namo Vivasvate Brahman Bhāsvate Vishnu Tejase.
Jagat-Savitre Shucaye Savitre Karma-dāyinī.”***

“Om! Salutation to the Bright One; the Great One; Shining One; whose light is all pervading; the Creator of the world; The Pure One; The Creator (Sun God); who gives all activities.

Offer the Arghya on the Baneshwar or the main copper worship vessel saying:

“Esho Arghyah, Om Srī Sūryāya Namah.”

Then offer Pranām with folded hands saying:

“Om jawā Kusuma Sankasham Kashya-peyam Maha-dyutim Dhwantarim Sarva-papaghnam pranato'smi Divakaram.”

“Om. He is the colour of the red hibiscus; Descendant of Kasyapa Rishi; Of great brilliance; The enemy of darkness; The destroyer of all sins; The maker of the day; I prostrate before him.”

21. Worship of the Guru etc. (p.65)

Now worship the Guru, Ganesha, etc. with flower smeared with sandal paste in the water in the main copper worship vessel or in the Baneshwar with the following Mantras.

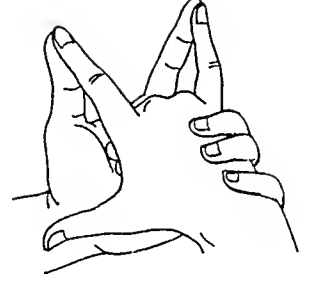
1. *Aim Ete gandha-pushpe Srī Gurave Namah.*
2. *Om Ete gandha-pushpe Ganeshāya Namah.*
3. *Om Ete gandha-pushpe Shivādi Panca-Devatābhyo Namah.*
4. *Om Namah Shivāya Ete gandha-pushpe Shivāya Namah.*
5. *Om Ete gandha-pushpe Srī Sūryāya Namah.*
6. *Om Namo Nārayanāya Ete gandha-pushpe Nārayanāya Namah.*
7. *Om Hrīm Ete gandha-pushpe Jaya-Durgāyea Namah.*
8. *Om Ete gandha-pushpe Agnaye Namah.*
9. *Om Ete gandha-pushpe Ādityādi Nava-Grahebhyo Namah.*
10. *Om Ete gandha-pushpe Indrādi Dashadik Pālebhyo Namah.*
11. *Om Ete gandha-pushpe Kālyādi Dasha-Mahā Vidyābhyo Namah.*
12. *Om Ete gandha-pushpe Matsyādi Dasha-Avatārebhyo Namah.*
13. *Om Ete gandha-pushpe Sarvebhyo Devebhyo Namah.*
14. *Om Ete gandha-pushpe Sarvābhyo Devībhyo Namah.*
15. *Om Ete gandha-pushpe Akārādi Pancāshad-Varnebhyo Namah.*
16. *Om Ete gandha-pushpe Prati-Padādi Tīthibhyo Namah.*
17. *Om Ete gandha-pushpe Krishnā-Pakshāya Namah.*
18. *Om Ete gandha-pushpe Shukla-Pakshāya Namah.*
19. *Om Ete gandha-pushpe Amāvas-Yāyea Namah.*
20. *Om Ete gandha-pushpe Pūrnimāyea Namah.*

22. Dedicatlon of the Rishis:

Taking a flower in Kurma-Mudrā, Meditate saying:

**“Om Aim Sarva Deva-Devī Swarūpāya Srī Rāmakrishnāya
Namah;**

**Ityasya Mantrasya Brahma-Rishih Gāyatrī-Chandah
Sarva Deva-Devī Swarūpah Srī Rāmakrishno Devatā
Rishyādi-Nyāse Viniyogah.”**

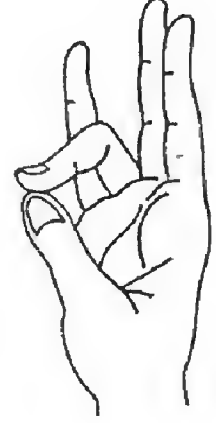


Touching the head with Tattva-Mudrā, say:

“Om Brahmane Rishaye Namah.”

Touching the mouth, say:

“Om Gāyatrī Chandase Namah.”



And touching the chest, say:

**“Om Aim Sarva Deva-Devī Swarūpāya Srī Rāmakrishnāya
Namah“**

23. Consecration of the Hands:

Touch the Thumb and Fingers as described below saying:

Aim Angusthā-bhyām Namah.

Ram Tarjanī-bhyām Swāhā.

Mam Madhyamā-bhyām Vashat.

Krim Anāmikā-bhyām Hūm.

Shnām Kanishthā-bhyām Voushat.

Aim Rāmakrishnah Karatala Prishthā-bhyām Astrāya Phat.

Thumb

Fore-finger

Middle-finger

Ring-finger

Little-finger

Clap the Palms

Then touch the parts of the Body as described below saying:

Aim Hridayāya Namah.

Ram Shirase Swāhā.

Mam Shikhāyei Vashat.

Krim Kavacāya Hūm.

Shnam Netrā-bhyām Voushat.

Aim Rāmakrishnah Karatala Prishthā-bhyām Astrāya Phat.

Heart

Head

Tuft

Shoulders

Eyes

Clap the Palms

24. Total Consecration:

Repeat the Mūla-Mantra with the Prefix as well as the Suffix three times:

“Om (Om Aim Sarva Deva-Devī Swarūpāya Srī Rāmakrishnāya Namah) Om.”

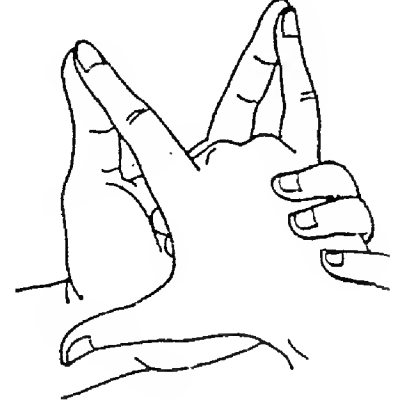
25. Meditation:

Take a flower with Kurma-Mudrā. Meditate on the effulgent form of the Deity seated in the Heart, reciting the following verses:

**“Om Hridaya Kamala Madhye Rājītam Nirvikalpam
Sada-sada Khilabhedā Tītam eka-Swarūpam
Prakriti Vikriti Shunyam Nityam-Ānanda Murtim
Vimala Paramahansam Rāmakrishnam Bhajāmah.”**

**“Nirupamam Atisūkshmam Nishpra-pancam Nirīham
Gagana sadrisham-mīsham Sarva Bhūtādhi-Vāsam
Triguna Rahita Sat-Chit Brahmarūpam Varenyam
Vimala Paramahansam Rāmakrishnam Bhajāmah.”**

**“Vitaritum-Avatīrnam Jnāna-Bhakti Prāshantīh
Pranaya Galita Chittam Jīva Dukhā Sahishnum
Dhrita Sahaja Samādhim Chinmayam Komalāngam
Vimala Paramahansam Rāmakrishnam Bhajāmah.”**



26. Mental Worship:

Placing the flower on the head and keeping the back of the right hand on the palm of the left on the lap, do the mental worship.

“First, imagine an ocean of nectar in the lotus of the Heart and within it an island of precious stones, and in the midst of it the Wish-fulfilling Tree.

Visualize the Chosen Deity to be seated at the root of this Wish-fulfilling Tree.

Then offer the lotus of the heart itself as Seat (Āsana).

Then, extending welcome, offer for Pādya, for washing the feet, the Nectar issuing from the thousand-petalled lotus.

For Arghya the Mind.

For ācamaniya (sipping) and Snāniya (bathing) the aforementioned nectar.

As cloth, the principle of sky.

For scent, the principle of Earth.

Flower in the form of Citta (Mind-stuff).

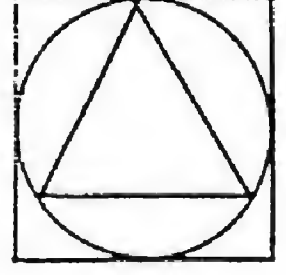
Incense in the form of Prana (the Vital Air).

Light in the form of the principle of Tejas.

Food (Naivaidya) in the form of the ocean of Nectar.”

27. Special Arghya:

Draw in your front, to the left of the elongated vessel (Kosha), a triangle with water, enclose it by a circle, and draw a square around it. Sprinkle water from Sāmānya-Arghya, and worship the diagram with flower touched with sandal paste, saying:



“Om Ete gandha-pushpe Ādhāra-Shaktaye Namah.”

Then place the Tripod on the diagram and worship it with the mantra:

“Om Ete gandha-pushpe Mam Vanhi-mandalāya Dasha-kalātmane Namah.”

Wash the Conch uttering: **“Phat.”**

And place it on the tripod.

Worship the conch uttering the mantra:

“Om Ete gandha-pushpe Am Arka-mandalāya Dwādasha Kalātmane Namah.”

Then fill three-fourths of the conch with water mentally repeating the Mūla-Mantra: **“Aim.”**

Arrange an Ārghya consisting of Bilwa leaf, durva grass, sandal paste, rice, a red hibiscus and an aparajita flower, and place it on the conch uttering the main mantra: **“Aim.”**

Worship the water in the conch with flowers smeared with sandal paste saying:

“Om Ete gandha-pushpe Um Soma-mandalāya Shodasha Kalātmane Namah.”

Touching the water with Ankusa-Mudrā invoke the Holy Waters from the Orb of the Sun to the water of the conch reciting:



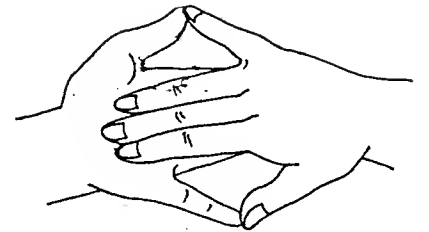
**“Om Gange ca Yamune caiva Godāvari Saraswati
Narmade Sindhu Kāveri Jale'smin San-nidhim Kuru.”**

Worship it with the mantra:

“Om ete gandha-pushpe Tīrthe-bhyo Namah.”

Then show Galini-Mudrā and worship saying:

**“Om Aim ete gandha-pushpe Srī Rāmakrishna
Shadanga Devatā-bhyo Namah.”**



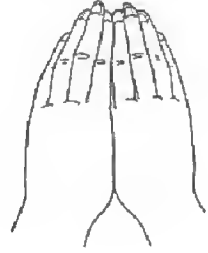
Invocation to Srī Rāmakrishna:

Then invoke the presence of the Deity, Srī Rāmakrishna (in the Ārghya conch water) showing the five Āvahana-Mudrās saying:

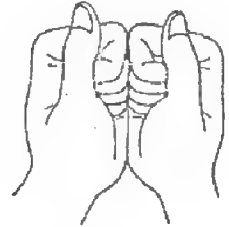
“Om Srī Ramakrishna Deva Ihā-gaccha Ihā-gaccha



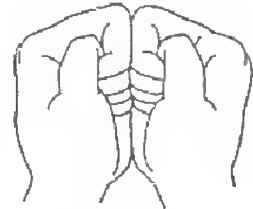
Iha-Tishtha Iha-Tishtha



Iha-Sannidhehi Iha-Sannidhehi

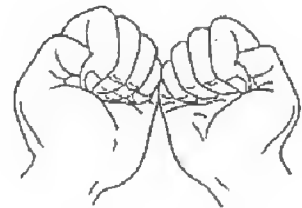


Iha-Sanni-Rudhyasva Iha-Sanni-Rudhyasva

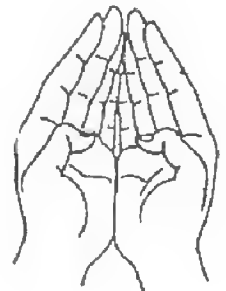


Iha-Sammukho Bhava Iha-Sammukho Bhava

“Please be here facing me;”



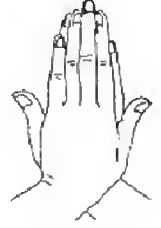
Atra-Adhistanam Kuru. Mama Pujam Grihana.”



Then worship with flower smeared with sandal paste saying:

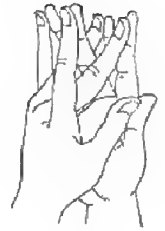
Om Aim Ete Gandha-Pushpe Sarva Deva-Devī Swarūpāya Srī Rāmakrishnāya Namah.

Then, covering the Arghya with Matsya-Mudrā, do Japa of Mūla-Mantra "Aim" eight times.



Then strike the left palm with the right fore- and middle-fingers joined together upwards three times in ascending order uttering the Mantra "Phat".

Show Dhenu-Mudrā.



Yoni-Mudrā and



Paramīkarana-Mudrā



Then, taking a little water from the conch in the spoon-like vessel (Kushi) sprinkle it on your head and on all the articles of worship repeating the Mūla-Mantra "Aim."

Then, start the worship with various items.

28. Worship with different items:

1. Offer water for washing the feet saying:

Om Aim etat Pādyam sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

2. Offer the Arghya from the Conch:

Om Aim esha Arghyah Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

3. Offer water for rinsing the mouth:

Om Aim idam Ācamanīyam Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

4. Offer water for bathing:

Om Aim idam Snānīyam Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

5. Offer Sacred Thread:

Om Aim idam Yagopavitram Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

6. Offer a cloth:

Om Aim idam Vastram Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

7. Offer scent:

Om Aim esha gandhah Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

8. Offer Sandal Paste:

Om Aim Esha chandanam Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

9. Offer Abhir:

Om Aim idam abhiram Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

10. Offer Sindhur:

Om Aim idam sindhuram Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

11. Offer kumkum:

Om Aim idam kumkumam Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

12. Offer a flower:

Om Aim Idam Sa-chandana pushpam Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

13. Offer a Bilwa leaf:

Om Aim Idam Sa-chandana Bilwa-patram Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

14. Offer a Tulsi Leaf:

Om Aim Idam Sa-chandana Tulasī-patram Sarva Deva- Devi Swarūpāya Srī Rāmakrishnāya Namah.

15. Offer Durva grass:

Om Aim Idam Sa-chandana durva-patram Sarva Deva- Devi Swarūpāya Srī Rāmakrishnāya Namah.

16. Offer Incense:

Om Aim Esha Dhūpah Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

17. Offer Light:

Om Aim Esha Dīpah Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.

29. Naivedya Vidhi: (Food Offering)

Place the offering on triangles drawn with water on the ground together with drinking water and betel, either on the right side or in front of the Deity. Place either a Tulsi leaf or a flower on each vessel of offering.

Then, touching the floor with the left hand, sprinkle water thrice on the Offerings saying:

“Om Sopakarana Naivedyāya Namah.”

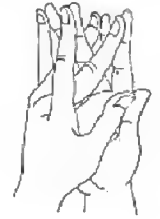
Then recite:

**Om Brahmā'rpanam Brahma Havir, Brahmagnau Brahmanā Hutam
Brahmai'va Tena Gantavyam, Brahma Karma Samādhinā.**

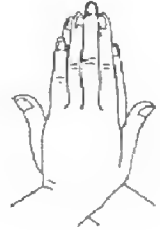
Then show Avagunthana-Mudrā saying: **“Hūm”**



Show Dhenu-Mudrā saying **“Vam”**



And then cover the offering with Matsya-Mudrā saying **“Aim”**
(ten Times)



Sprinkle a little water on the Offerings saying:

**Om Aim Idam Sopakarana Naivedyam Sarva Deva-Devi Swarupaya Sri
Ramakrishnaya Namah.**

Then put a little water in the Drinking Glass saying:

Om Amrito-pastaranam Asi Swāhā

Next, showing Grāsa-Mudrā with left hand, show the Five Finger poses with the Right Hand saying:



“Om Prānāya Swāhā”



“Om Apānāya Swāhā”



“Om Vyānāya Swāhā”



“Om Udānāya Swāhā”



“Om Samānāya Swāhā”



Think the Deity is taking Food and for 2 -3 minutes mentally repeat:

“Aim Rāmkrishnāya Namah.”

Then, offer Drinking Water saying:

“Om Aim Idam Pānārtho-dakam Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.”

'Then, take a little water on the right palm and drop it on the ground saying:

“Om Amritā-pidhānam Asi Swāhā. “

Afterwards, offer Water for rinsing the mouth saying:

“Om Aim Idam Punar Ācamanīyam Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.”

Offer Prepared Betel, saying:

“Om Aim Idam Tāmbūlam Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.”

Then offer flowers etc. held in the Cupped Hands (Pushpānjali) thrice saying:

**“Om Aim Esha Sa-chandana pushpa Bilwa Patrānjali
Sarva Deva-Devī Swarūpāya Srī Rāmakrishnāya Voushat.”**

Offer Flower severally smeared with sandal paste uttering the following Mantras:

“Om Aim Ete gandha-pushpe Srī Rāmakrishna Shadanga Devatā-bhyo namah.”

**“Om Aim Hrīm Ete gandha-pushpe Sarva Deva-Devī Swarūpinyai Srī Sāradā-Devyai
namah.”**

“Om Ete gandha-pushpe Vivekānandā-di Srī Rāmakrishna Pārsha-Debhyo namah.”

“Om Ete gandha-pushpe Srī Rāmakrishnā-Varana Devatā-bhyo namah.”

Next, mentally repeat ten times the Mantra:

“Om Aim Sarva deva-devī swarūpāya Srī Rāmakrishnāya namah.”

Or merely the Mūla-Mantra **“Aim”** 108 times.

Surrender the fruit of this Japa (and worship) as follows:

Take a little water from the larger elongated vessel (Kosha) on the right palm and pour the water in the Goyoni-Mudrā in the Copper Plate in front uttering the Mantra:

***“Om Guhyāti Guhya-Goptā Twam Grihānāsmat Kritam Japam
Siddhir Bhavatu Me-Deva Twat-Prasādān Maheshwara.”***



Then, recite a Hymn on Sri Rāmakrishna:

***“Om Sthāpakāya ca Dharmasya Sarva Dharma Swarūpine
Avatāra Varishthāya Rāmakrishnāya Te-Namah.”***

Lastly, Perform **Ārati** and **Shanti-Pāt**.

“Sri Rāmakrishna-Arpanam-Astu!”