

मङ्गल मूरति मारुति नन्दन  
 सकल अमङ्गल मूल निकन्दन॥  
 ॥दोहा॥  
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 जो दायकु फल चारि ॥  
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 सुमिरौ पवन-कुमार ।  
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 सिया वर रामचन्द्र पद जय शरणम्॥

maṅgala mūrati māruti nandana  
sakala amaṅgala mūla nikandana||

||dohā||

śrī guru carana saroja raja  
nija manu mukuru sudhāri |

barana-ũ raghubara bimala jasu  
jo dāyaku phala cāri ||

buddhi-hīna tanu jānike  
sumirauṁ pavana-kumāra |

bala budhi bidyā dehu mohiṅ  
harahu kalesa bikāra ||

siyā vara rāmacandra pada jaya śaraṇam||  
||caupāi||

jaya hanumāna jñāna guna sāgara |  
jaya kapīsa tihuṅ loka ujāgara ||1||

rāma dūta atulita bala dhāmā |  
aṅjani-putra pavana-suta nāmā ||2||

mahābīra bikrama bajaraṅgī |  
kumati nivāra sumati ke saṅgī ||3||

kañcana barana birāja subesā |  
kānana kuṇḍala kuñcita kesā ||4||

hātha bajra au dhvajā birājai |  
kāṅdhe mūñja janeū sājai ||5||

saṅkara suvana kesarī nandana |  
teja pratāpa mahā jaga bandana ||6||

bidyāvāna gunī ati cātura |  
rāma kāja karibe ko ātura ||7||

prabhu caritra sunibe ko rasiyā |  
rāma lakhana sītā mana basiyā ||8||

sūkṣma rūpa dhari siyahiṅ dikhāvā |  
bikaṭa rūpa dhari laṅka jarāvā ||9||

bhīma rūpa dhari asura saṁhāre |  
rāmacandra ke kāja saṁvāre ||10||

lāya sajīvana lakhana jiyāye |  
śrī raghubīra haraṣi ura lāye ||11||

raghupati kīnhī bahuta baṛā-ī |  
tuma mama priya bharatahi sama bhā-ī||

sahasa badana tumharo jasa gāvaiṅ |  
asa kahi śrīpati kaṅṭha lagāvaiṅ ||13||

sanakādika brahmādi munīsā |  
nārada sārada sahita ahīsā ||14||

jama kubera digapāla jahāṅ te |  
kabi kobida kahi sake kahāṅ te ||15||

tuma upakāra sugrīvahiṅ kīnhā |  
rāma milāya rāja pada dīnhā ||16||

tumharo mantra bibhīṣana mānā |  
laṅkesvara bha-e saba jaga jānā ||17||

juga sahasra jojana para bhānū |  
līlyo tāhi madhura phala jānū ||18||

prabhu mudrikā meli mukha māhīṅ |  
jaladhi laṅghi gaye acaraja nāhīṅ ||19||

durgama kāja jagata ke jete |  
sugama anugraha tumhare tete ||20||

rāma duāre tuma rakhavāre |  
hota na ājñā binu paisāre ||21||

saba sukha lahai tumhārī saranā |  
tuma racchaka kāhū ko ḍara nā ||22||

āpana teja samhāro āpai |  
tīnom loka hāṅka teṁ kāṁpai ||23||

bhūta pisāca nikaṭa nahīṁ āvai |  
mahābīra jaba nāma sunāvai ||24||

nāsai roga harai saba pīrā |  
japata nirantara hanumata bīrā ||25||

saṅkaṭa teṁ hanumāna chuḍāvai |  
mana krama bacana dhyāna jo lāvai ||26||

saba para rāma tapasvī rājā |  
tina ke kāja sakala tuma sājā ||27||

aura manoratha jo ko-ī lāvai |  
so-ī amita jīvana phala pāvai ||28||

cāroṅ juga paratāpa tumhārā |  
hai para-siddha jagata ujiyārā ||29||

sādhu santa ke tuma rakhavāre |  
asura nikandana rāma dulāre ||30||

aṣṭa-siddhi nau nidhi ke dātā |  
asa bara dīna jānakī mātā ||31||

rāma rasāyana tumhare pāsā |  
sadā raho raghupati ke dāsā ||32||

tumhare bhajana rāma ko pāvai |  
janama janama ke dukha bisarāvai ||33||

anta kāla raghubara pura jā-ī |  
jahāṅ janma hari-bhakta kahā-ī ||34||

aura devatā citta na dhara-ī |  
hanumata se-i sarba sukha kara-ī ||35||

saṅkaṭa kaṭai miṭai saba pīrā |  
jo sumirai hanumata bala-bīrā ||36||

jai jai jai hanumāna gosā-iṅ |  
kṛpā karahu gurudeva kī nā-iṅ ||37||

jo sata bāra pāṭha kara ko-ī |  
chūṭahi bandi mahā sukha ho-ī ||38||

jo yaha paṛhai hanumāna cālīsā |  
hoya siddhi sākhī gaurīsā ||39||

tulasīdāsa sadā hari cerā |  
kījai nātha hṛdaya mahaṅ ḍerā ||40||

||dohā||

pavana-tanaya saṅkaṭa harana  
maṅgala mūrati rūpa |

rāma lakhana sītā sahita  
hṛdaya basahu sura bhūpa ||

siyā vara rāmacandra pada jaya śaraṇam||

Having polished the mirror of my heart  
with the dust of my Guru's lotus feet,

I sing the pure fame of the best of the Raghus,  
which bestows the four fruits of life.

Knowing this body to be devoid of intelligence,  
I recall the Son of the Wind.

Grant me strength, wit, and wisdom,  
and remove my sorrows and shortcomings.

1. Victory to Hanuman, ocean of wisdom and  
virtue, Hail Monkey Lord, illuminator of the  
three worlds.

2. Ram's emissary, abode of matchless power,  
Anjani's son, named "Son of the Wind."

3. Great hero, mighty as a thunderbolt,  
remover of evil thoughts and companion to the  
good.

4. Golden-hued and splendidly adorned,  
with heavy earrings and curly locks.

5. In your hands shine mace and banner,  
a sacred thread of munja grass adorns your  
shoulder.

6. You are Shiva's son and Kesari's joy,  
your glory is revered throughout the world.

7. Supremely wise, virtuous, and clever,  
you are ever intent on Ram's work.

8. You delight in hearing of the Lord's deeds,  
Ram, Lakshman, and Sita dwell in your heart.

9. Assuming tiny form you appeared to Sita,  
and in awesome guise you burned Lanka.

10. Taking dreadful form you slaughtered  
demons and completed Lord Ram's mission.

11. Bringing the magic herb, you revived  
Lakshman, and Ram embraced you with delight.

12. Greatly did the Raghu Lord praise you—  
"Brother, you're as dear to me as Bharat!"

13. "May the thousand-mouthed serpent sing  
your fame!" So saying, Shri's Lord drew you to  
Himself.

14. Sanak and the sages, Brahma, gods, and great  
saints, Narada, Sarasvati, and the king of serpents,

15. Yama, Kubera, and the guardians of the  
quadrants, poets and scholars—none can express  
your glory.

16. You rendered great service to Sugriva,  
presenting him to Ram, you gave him kingship.

17. Vibhishana heeded your counsel and became  
Lord of Lanka, as all the world knows.

18. Though the sun is thousands of miles away,  
you swallowed it, thinking it a sweet fruit.

19. Holding the Lord's ring in your mouth  
it's no surprise you leapt the ocean.

20. Every arduous task in this world  
becomes easy by your grace.

21. You are the guardian of Ram's door,  
none enters without your leave.

22. Taking refuge in you one finds all delight,  
those you protect know no fear.

23. You alone can withstand your own splendor,  
the three worlds tremble at your roar.

24. Ghosts and goblins cannot come near,  
Great Hero, when your name is uttered.

25. All disease and pain is eradicated, brave  
Hanuman, by constant repetition of your name.

26. Hanuman releases from affliction those who  
remember him in thought, word, and deed.

27. Ram the renunciant reigns over all—

you carry out his every task.

28. One who brings any yearning to you  
obtains the fruit of abundant life.

29. Your splendor fills the four ages,  
Your glory is famed throughout the world.

30. You are the guardian of saints and sages,  
the destroyer of demons, the darling of Ram

31. You grant the eight powers and nine treasures  
by the boon you received from Mother Janaki.

32. You hold the elixir of Ram's name  
and remain eternally His servant.

33. Singing your praise, one finds Ram  
and escapes the sorrows of countless lives.

34. At death, one goes to Ram's own city  
or is born on earth as God's devotee.

35. Give no thought to any other deity—  
worshipping Hanuman, one gains all delight.

36. All affliction ceases, all pain is removed,  
by remembering the mighty hero, Hanuman.

37. Victory, victory, victory to Lord Hanuman!  
Be merciful even as is the Divine Master.

38. Whoever recites this a hundred times  
is released from bondage and gains bliss.

39. One who reads this Hanuman Chalisa  
gains success—Gauri's Lord bears witness.

40. Says Tulsidas, Hari's constant servant,  
"Lord, make your encampment in my heart."

Son of the Wind,

Banisher of sorrow and embodiment of blessing,

Dwell in my heart King of Gods,

together with Ram, Lakshman, and Sita.